



# Stabilizing Your Estuarine Shoreline

## Do you want to stabilize your shoreline?

**Step 1** – Ask yourself the following questions:

- Am I trying to protect my shoreline from daily erosion or storm induced erosion?
- How much erosion actually occurs here over a period of time?
- Are my personal structures in imminent danger?
- Are my neighbors experiencing the same erosion?

**Step 2** – Talk to a N.C. Division of Coastal Management (DCM) field representative to find out answers to the following questions:

- What kind of stabilizing options am I allowed by current rules and regulations?

**Step 2** – continued:

- What kind of wave energy (i.e. low, moderate, high) does my property receive?
- Are there any other construction restrictions for my location?

**Step 3** – Talk with a Marine Contractor or Coastal Engineer to discuss stabilizing structure options, designs, permits, and cost.

**Step 4** – Decide which method to use.

**Step 5** – Contact DCM to apply for the Coastal Area Management Act (CAMA) permit(s) required.

**Step 6** – Stabilize your shoreline.

## Shoreline Stabilization Methods

Shoreline erosion is common along North Carolina's broad sounds and tidal rivers. Many waterfront owners would like to slow or prevent further erosion by stabilizing the shoreline. Shoreline Stabilization is defined as the use of engineered structures, vegetation, or land management practices to provide protection of a shoreline from future or existing erosion. Although the most commonly used method of shoreline stabilization is a bulkhead, there are many other options available. Some of the available options can actually improve the local habitat.

Structure Type	Aliases	Typical Construction Materials	Characteristics	Erosion Control Purpose
Land Planning			Live with/plan around existing conditions	Leave the land in its natural state
Vegetation Control	Wetland or Upland Plantings	Wetland or upland vegetation	Planting, replanting, or conserving existing vegetation	Creates a buffer to dissipate wave energy
Sills	Marsh Sill	Timber, rock, concrete pieces, vinyl	Parallel and close to shore, low elevation, associated with wetland vegetation	Reduces wave energy on shoreline. Traps sediment landward to rebuild/protect wetlands.
Groins	Jetties	Timber, rock, concrete, vinyl	Perpendicular to shore	Trap sand on the updrift side to build out the upland
Breakwaters	Wave Attenuator	Timber, rock concrete	Shore parallel, larger and further offshore than sills	Reduces wave energy on the shoreline. Traps sand between the shore and breakwater.
Revetment	Riprap, Sloped Seawall	Concrete, rock	Sloped against a bank, parallel to shoreline	Protect land from erosion and absorb wave energy
Bulkhead	Vertical Structure, Seawall, Gravity Wall	Timber, steel, vinyl, rock, concrete	Watertight, vertical, parallel to shoreline	Hold back land

## Land Planning

**Definition:** Land planning is designing your property around existing conditions and possible erosion. This includes utilizing the land as it exists without construction of shoreline stabilization methods. The most common practices associated with land planning include setbacks, buffers, and no action.

**Pros:** Allows marsh (if present) to migrate, allows the system to remain natural, minimal cost

**Cons:** Erosion continues

**Locations:** Anywhere

**Permitting Options:** None required

## Vegetation Control

**Definition:** Vegetation control is the use of wetland (marsh or swamp forest) vegetation (new plantings or preserving existing wetland vegetation) to control or prevent further erosion. Vegetation may be planted or allowed to colonize naturally. A minimum width of 10 feet is preferable.

**Pros:** Environmentally friendly, low cost

**Cons:** Time required for vegetation to establish

**Locations:** Creeks, Canals, Rivers Tributaries, low wave action, low boat wake areas

**Permitting Options:** None required

## Marsh Toe Protection Revetments

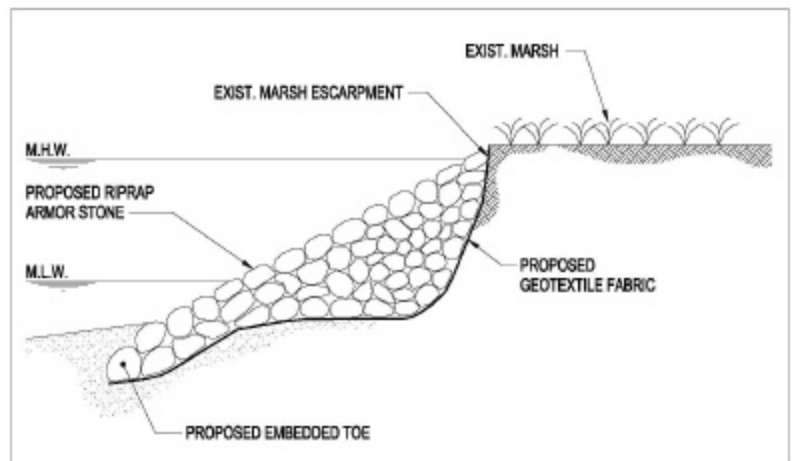
**Definition:** Marsh Toe Protection Revetments are a shore-parallel, sloping structure constructed against a marsh escarpment to protect the marsh wetland roots from undermining.

**Pros:** Protects a natural shoreline stabilizer

**Cons:** Doesn't stabilize the shoreline, but protects a method that does.

**Location:** Creeks, Canals, Rivers Tributaries, low wave action, low boat wake areas

**Permitting Options:** General or Major Permit



## Groins

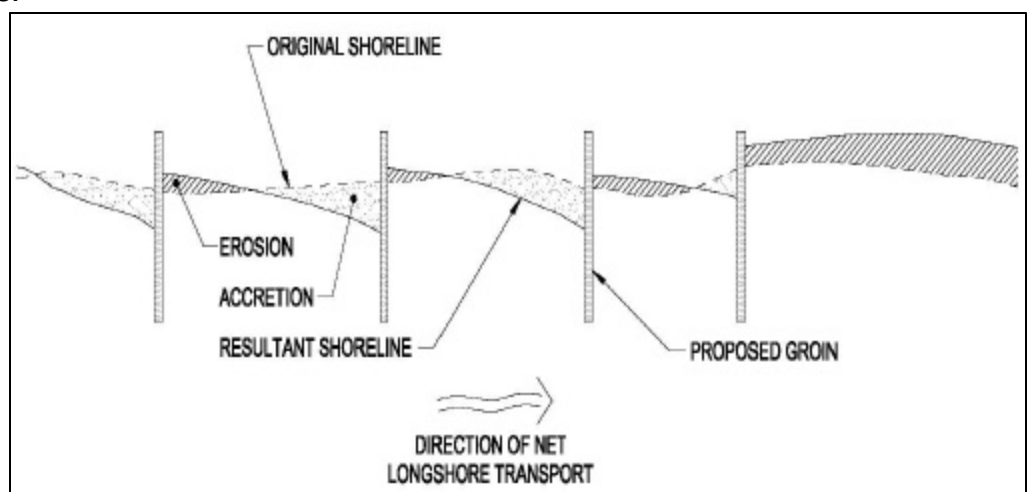
**Definition:** A groin is a straight and usually shore-perpendicular structure, constructed with stone or as a freestanding vertical wall to stabilize a stretch of beach against erosion. Groins can be constructed either singly or in a series. Groins function only when longshore transport occurs. Groins produce accretion of beach material along the updrift side and erosion on the downdrift side. A saw-toothed shaped shoreline is created with a series of groins.

**Pros:** Creation or building out of sandy beach, which acts as a wave dissipation zone.

**Cons:** Produces erosion downdrift by starving the system of long shore transport.

**Locations:** Anywhere that has long shore transport.

**Permitting Options:** General or Major Permit



## Sills

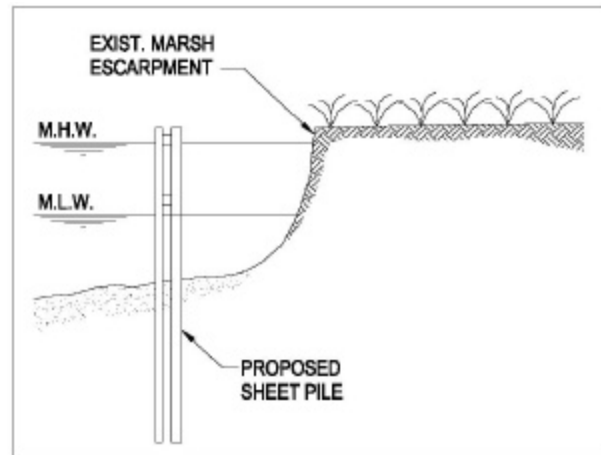
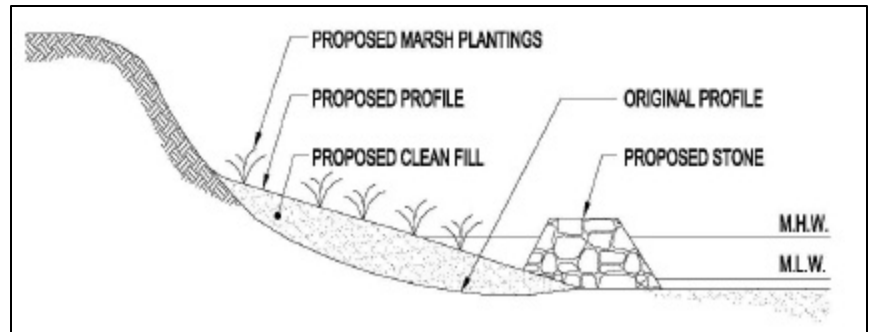
**Definition:** A sill is a shore-parallel, wood or rock structure that is designed to protect existing or newly planted wetland vegetation.

**Pros:** Protects a natural shoreline stabilizer, provides some additional aquatic habitat

**Cons:** Placed on aquatic bottom, time required for wetland vegetation to establish

**Locations:** Anywhere, moderate to high wave action, moderate to high boat wake areas

**Permitting Options:** General or Major Permit



## Breakwaters

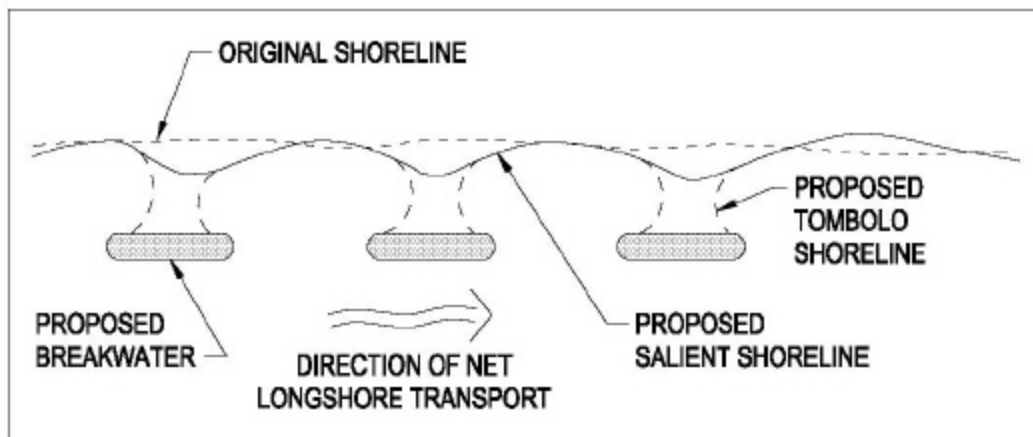
**Definition:** A breakwater is a shore-parallel non-shore-connected structure, designed to trap sand and to attenuate wave energy. Breakwaters are typically constructed of stone, with multiple structures detached or gapped with a distance equal to length of one individual structure. Breakwaters reflect and dissipate wave energy creating a lower wave energy area landward of the structure. A sandy beach is usually created between the structure and shore, but only when longshore transport occurs.

**Pros:** Creation or building out of sandy beach, dissipates wave energy

**Cons:** Produces erosion downdrift by starving the system of long shore transport. Large structure placed in public trust waters and possibly atop local habitat.

**Locations:** Good for areas with moderate wave action or boat wakes AND long shore transport.

**Permitting Options:** Major Permit Only



## Stone Revetments

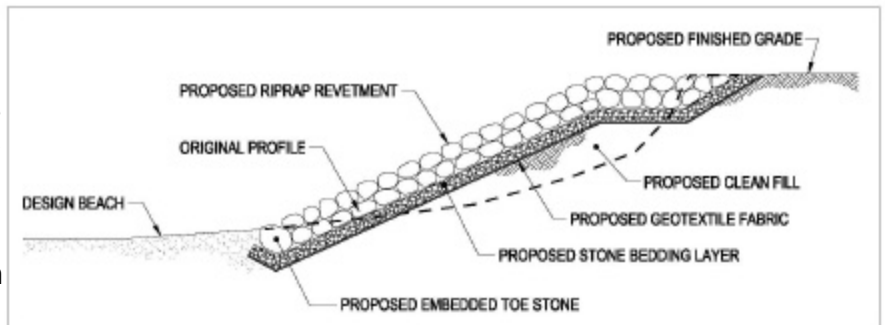
**Definition:** A revetment is a shore-parallel, sloping structure constructed against a bank/escarpment to protect it from erosion while absorbing wave energy. Revetments are typically constructed from stone, riprap, or concrete on a 1V: 1.5-3H slope.

**Pros:** Holds back the land to prevent erosion, long lasting structure, absorbs wave energy, creates some aquatic habitat.

**Cons:** Prevents natural landward migration of wetlands, eliminates sediment input into the system, large footprint on aquatic bottom

**Locations:** Any – though the size of the stone must be of a suitable to remain in place under currents and wave action.

**Permitting Options:** General or Major Permit



## Vertical Structures

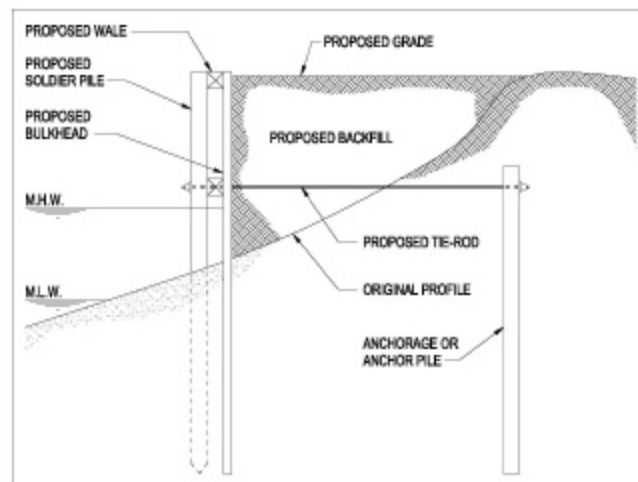
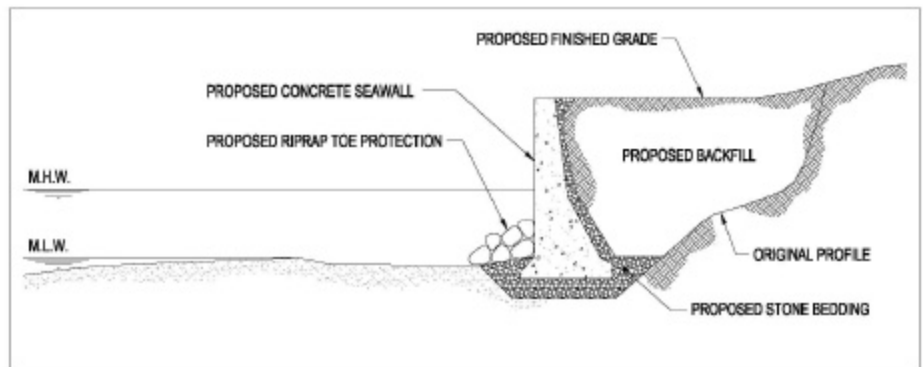
**Definition:** A bulkhead is any shore-parallel vertical structure designed to prevent overtopping, flooding, or sliding of the land. Bulkheads are usually placed along an eroding bank or escarpment and constructed from timber, steel, concrete, or vinyl sheet pile.

**Pros:** Holds back the land to prevent erosion, long lasting structure

**Cons:** Prevents natural landward migration of wetlands, eliminates sediment input into the system, reflects wave energy.

**Locations:** Any

**Permitting Options:** General or Major Permit



### For further information contact:

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This document was funded in part by the National Oceanic and Atmospheric Administration and the North Carolina Department of Environment and Natural Resources, Division of Coastal Management.

X copies of this public document were printed at a cost of \$X per copy. Printed on recycled paper.

**This document produced with support from:**  
North Carolina National Estuarine Research Reserve's  
Coastal Training Program  
252-728-2170  
[www.NCCoastalTraining.net](http://www.NCCoastalTraining.net)